

**Module (Course Syllabus) Catalogue**

**2023-2024**

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| **College/ Institute** | **Erbil Technical Health College** | |
| **Department** | **Physiotherapy** | |
| **Module Name** | **Psycho sociology for physiotherapists** | |
| **Module Code** | **PSS 80** | |
| **Degree** | **Technical Diploma Bachelor High Diploma Master PhD** | |
| **Semester** | **8th** | |
| **Qualification** | **Master degree in Educational psychology**  **PhD in Curriculum and Education** | |
| **Scientific Title** | **Lecturer** | |
| **ECTS (Credits)** | **2** | |
| **Module type** | **Prerequisite Core Assist.** | |
| **Weekly hours** | **2 hr** |  |
| **Weekly hours (Theory)** | **( 2 )hr Class** | **( )Total hrs Workload** |
| **Number of Weeks** |  | |
| **1st Lecturer** | **Dr. Zhwan Dalshad Abdullah** | |
| **E-Mail & Mobile NO.** | [**Zhwan.dlshad@epu.edu.iq**](mailto:Zhwan.dlshad@epu.edu.iq)  **+9647501184542** | |
| **Websites** |  | |

**Course Book**

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| **Course**  **Description** | The goal of this course is for students to acquire a basic familiarity with some concepts in the field of clinical psychology, psychology in providing health care, psychological reactions to loss and disease, attitudes towards persons with disability, communication in health care providing and rehabilitation, counselling, and the ability in applying knowledge of the course to everyday life and related disciplines, especially in communication with patients. | | | | |
| **Course objectives** | The main objective of the Psychology in prosthetics and orthotics course would be that students will be able to:  - describe the basic psychological response to loss of health  - apply knowledge from this course in practice with patients and other professionals  - adopt a well-managed approach and effective communication not only with patients but also with people from their surroundings  Through this subject we will have the opportunity to get to know:  -The role of psychology in health care  -Psychological reactions to disease and disability  -Reactions and attitudes towards disabled persons  -Differences between people based on their cultural backgrounds  -Basic features of communication in health practice | | | | |
| **Student's obligation** | • Reading and understanding of study notes  • Participation in forum and discussions  • Seminar presentation  • Participation in active communication with the lecturer  • Regular assignment submission | | | | |
| **Required Learning Materials** | Lectures notes, videos, audios, homework exercises, live consultation and problem-solving, self-study, Hall, projector. | | | | |
| **Evaluation** | ‌ **Task** | | **Weight (Marks)** | **Due Week** | **Relevant Learning Outcome** |
| Paper Review | |  |  |  |
| **Assignments** | Homework | %14 | 3rd & 7th | 3 & 5 |
| Class Activity | %2 | All | All |
| Report | %8 | 5th | 3 |
| Seminar | %8 | 9nd | 7 |
| Essay | %8 | 11th | 4 |
|  |  |  |  |
| Quiz | | 4% | All | All |
| Midterm Exam | | 16% |  |  |
| Final Exam | | 40% |  |  |
| Total | | 100% |  |  |
| **Specific learning outcome:** | **1**-Ability to develop general knowledge in Psychology and understand the subjects of the module.  **2-** Ability to understand the role of Psychology in providing healthcare  **3**- Ability to understand the psychology of disability.  **4-** Ability to understand and commit to ethics codes in P&O  **5-** Ability to improve their communication skills  **6-** Ability to learn how coping strategies can be applied to enhance and promoting health.  **7-** Ability to apply knowledge in practice. | | | | |
| **Course References‌:** | * Main textbook - Study notes * References textbook and data (Journal, report, website and ETC.) * American Psychological Association https://www.apa.org/health/briefs * Briefing Series on the Role of Psychology in Health Care (Child). APA https://www.apa.org/health/briefs/adolescent-obesity.pdf * Briefing Series on the Role of Psychology in Health Care (Adult) APA https://www.apa.org/health/briefs/adult-obesity.pdf * Chronic Pain: APA https://www.apa.org/health/briefs/chronic-pain.pdf * Carolyn L. Vash, Psychology of Disability, 2004. Springer Publishing Company. * Taylor S., Health psychology, 2012, McGraw-Hill companies * G. Corey, Theory and Practice of Counseling and Psychotheraphy, 2009, Thomson Brooks/Cole * Dunn D. S., The Social Psychology of disability, 2015. Oxford University Press * Richard Nelson-Jones, Practical counselling and helping skills, SAGE publications, London,2005. * A Manual for the Rehabilitation of People with Limb Amputation, World Health Organization United States Department of Defense Moss Rehab Amputee Rehabilitation Program Moss Rehab Hospital, USA 2004 * P. Kanellakis, Counselling psychology and disability, Europe’s Journal of Psychology 2/2010 | | | | |
| **Course topics (Theory)** | | | | **Week** | **Learning Outcome** |
| L01: Psychology in providing health care: Definition of (Applied psychology, Health psychology, Clinical psychology) | | | | 1st | 1 & 2 |
| **L02: What factors led to the development of health psychology?**  **Importance of health psychology.** | | | | 2nd | 2 |
| **L03: Bio-psychological model of health and illness** | | | | 3rd | 3 |
| **L04: Disability core-concepts** | | | | 4th | 4 & 5 |
| **L05: Psychology of disability** | | | | 5th | 3 |
| **L06: Reactions to disability** | | | | 6th | 6 |
| **L07: Communication in health care providing I** | | | | 7th | 5 |
| **L08: Communication in health care providing II** | | | | 8th | 5 |
| **L09: Coping strategies** **I** | | | | 9th | 7 |
| **L10: Coping strategies II** | | | | 10th | 7 |
| **L11: Emotional Intelligence** | | | | 11th | 4 |
| **L12: Seminar presentation** | | | | 12th | 4 |
| **Final exam** | | | | | |
| **Questions Example Design**  Q.1) | | | | | |
| **Extra Note** | | | | | |
| **External evaluator** | | | | | |