Module (Course Syllabus) Catalogue 2022-2023

College/ Institute	Medical Technical Institute	
Department	Nursing	
Module Name	Psychiatric Nurse	
Module Code	CLB214	
Semester	4	
Credits	6	
Module type	Prerequisite Core Assist. *	
Weekly hours	4	
Weekly hours (Theory)	(2)hr Class	(3)hr Workload
Weekly hours (Practical)	(2)hr Class	(0.5)hr Workload
Lecturer (Theory)	Shireen Jawhar Mohammed	
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Lecturer (Practical)	Sharmmin	
E-Mail & Mobile NO.		

Course Book

Course Description	In this course, the student is introduced to basic concepts of Psychiatric-Mental Health. The course provides the student with the knowledge base to apply selected theories and concepts in the nursing management of mental disorders and An introduction to the roles of the mental health nurse. And nursing skills needed for practising nursing. In clinical area focuses on development of skills related to hospitalization, Clinical case discussions, care for individuals with psychiatric mental health and their families using the nursing process for health promotion, maintenance and/ or restoration.
Course objectives	On completion of this course the student will be able to: • Understand developm÷ent and basic principles of psychiatric nursing. • Understand concepts of mental health and mental illness. • Discuss concepts of stress, coping adaptation and crisis intervention. • Describe concept of psycho-biology disorders • Utilize proper channels of handling anger and aggressive patient. • Identify different personality disorders. • Differentiate between neurotic and psychotic disorders. • Recognize early signs, causes, classification and treatment of schizophrenia.

	• Discuss different psychosomatic disorders. • Perform nursing care for patient & families having mentally retarded patient. • Discuss different methods of psychiatric treatment modalities.
Student's obligation	The students should have attendance and complete all tests, exams and assignments
Required Learning Materials	Lecture halls with data show equipment for lecture presentations, white board, overhead projector, posters.
Evaluation	Homework 5% Class activity 2% Report, Seminar. 10% Lab Report, Seminar 10% Quiz 8% Midterm Exam Theory 10% Midterm Exam practical 15% Final Exam Theory 20% Final Exam practical 20% Total 100%

Specific learning outcome:	**On successful completion of this program, graduates will be able to**:
	• Able to work as a psychiatric nurse, this will include understanding mental health problems and monitoring of psychiatric patient through basic skills obtained during course time.
	• They will be efficient to understand and help patients life problems.
	• they will have good knowledge in disorders related to mental health.

	• And they will be confident and take responsibility to work with the psychiatrist and practitioner team in private or public hospital.
Course References:	• Puri BK., Laking PJ., Treasaden IH. (2002). Textbook of Psychiatry. 2nd edition. Edinburgh London by Churchill Livigstone.
	• Judith M., Schultz, Sheila L., Videbeck. (2009). Psychiatric Nursing Care Plans. 8th edition. Philadelphia London by Lippincott Williams & willikns.

Course topics (Theory)	Week	Learning Outcome
Introduction to psychiatry	1	Definition Importance
Signs and Symptoms of psychiatric disorders **(part1)**	2	Is what students see in the patient as signs Is what the patient is complain about symptoms

Topic	Week	Learning Outcome
Signs and Symptoms of psychiatric disorders **(part2)**	3	Is what students see in the patient as signs? Is what the patient is complain about symptoms?
Role of psychiatric nursing	4	Nursing role (inside and outside hospital) for individuals and families are suffering with mental disorders
Anxiety disorders	5	Generalize anxiety disorder, Phobias, Panic disorder and obsessive compulsive disorder.
Anxiety disorders	6	posttraumatic stress disorder, Treatment & nursing role for anxiety disorders

Topic	Week	Learning Outcome
Depression, Mania and bipolar	7	Definition, types, sign & symptoms, factors, treatment and nursing role
Sleep disorder	8	Definition, sign & symptoms, factors, treatment and nursing role
Schizophrenia	9	phase, Acute phase, chronic phase), types of Definition, Clinical presentation(prodromal schizophrenia. Treatment and nursing role of Schizophrenia
Child Psychiatry	10	Definition, types, sign & symptoms,
Alcohol abuse and Substance abuse	11	Definition, sign & symptoms, actors, treatment and nursing role
Personality disorders	12	Definition, types, sign & symptoms, factors, treatment and nursing role
Practical Topics	**Week**	**Learning Outcome**
Introduction to psychiatric unit	1	Nursing role in Psychiatric unit and nursing role with Psychiatric patient or Orientation to unit
Nursing process	2	Nursing diagnosis, plan, intervention and out come
History taking and Case presentation	3	History taking and Case presentation

Interview patient/ document assessment	4	1. consult with instructor on meaning/interpretation of patient's behavior and communication/nursing progress note. 2. Asking about admission policy
Produce standardized care plans for patients with: - Anxiety disorders - generalized anxiety disorder	5	care plans for patients with: - Anxiety disorders - generalized anxiety disorder
Produce standardized care plans for patients with: - Depression - Mania	6	care plans for patients with - Depression - Mania - bipolar and nursing role of bipolar disorder

- bipolar and nursing role of bipolar disorder		
Nursing role for - Schizophrenia - Electro convulsive therapy (ECT)	7	care plans for - Schizophrenia - Electro convulsive therapy (ECT)
Alcohol abuse	8	Nursing care plans
Substance abuse - Organic state (delirium & dementia) - Eating disorder -	9	Nursing care plans
Hysteria	10	Nursing care plans
Sleep disorder	11	Nursing care plans

Questions Example Design

Theoretical Part:

Type of question	Example

Single choice	1. Stop suddenly in the middle of talk
	    a. incoherent speech
	    b. thought block
	    a. irrelevant

Short answer	What is the Psychotherapy for depression? 1. 2. 3. 4. 5.
Matching pairs	**Match the following statements in the column A with the definitions in the column B:**

Column (1)	Column (2)
1. Suicide	**A.** a lack of abstract thinking, normal in childhood, an occurring in adult with organic brain disease and schizophrenia.
2. Concrete thinking	**B.** is a state of abnormally elevated mood, irritable mood, increase energy level
3. Depression	**C.** is the process of purposely ending one's own life.
4. Delusion	**D.** false perception in the absence of external stimuli.
5. Hallucination	**E.** a psychopathological feeling of sadness. It is a disorder that affects thoughts, moods, feelings, behavior and even physical health.
6. mania	**F.** is a false believes, based on incorrect inference about external reality

Answer for matching pairs:

1.	2.	3.	4.	5.	6.

Definition	**Define the following terms:**
	   1. concrete thinking
	   2. panic disorder

Problem situation	-A patient suffers from Phobia, what are the nursing interventions for this patient?
Quiz	What are the risk factors for suicide?

Practical Part:

Written test

Q1/Answer of the following:

Type of question	Example

Written test	Write the nursing process for the following condition:
	    a. Suicidal attempt
	    b. Hysteria

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Extra notes:

External Evaluator

This course syllabus is very well organized and it`s components are the most scientific subjects which the Students needs to be learned and taught by the lecturers for this subject as psychiatric nursing.

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Lecturer