



## Module (Course Syllabus) Catalogue 2022-2023

College/ Institute	Health Technical College
Department	Physiotherapy
Module Name	Human Physiology
Module Code	INS102
Semester	2
Credits	6
Module type	Assist.
Weekly hours	150h
Weekly hours (Theory)	( 4 )hr Class ( 4 )hr Workload
Weekly hours (Practical)	(2) hr. Class (2) hr. Workload
Lecturer (Theory)	Sawsan aziz abdullah
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Lecturer (Practical)	Sawsan aziz abdullah
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Course Book

Course Description	At the end of the course, the student should be able to: -Identify essential basics of physiology Identify different system of human bodyRecognize the function of different systems of the body including the neuromuscular and the autonomic nervous system.
	-Identify physiology of human body vascular and respiratory systems.  - Recognize the function of different systems of the body including the vascular and respiratory systems.  -Demonstrate the function of endocrine glands &abnormalities resulting from disturbance in secretion.  -Define physiology of exercise and metabolic changes

	during exerciseIdentify Physiological terms &basis of renal &GIT system.
	At the end of the course, the student should be able to:
	-Recognize fundamental concepts and definitions human physiology that can be applied to practice.
	- Identify human physiological principles related to the neuromuscular system & autonomic nervous system, which underpin physical therapy.
	-Understand the changes that result from physical therapy including physiological changes in neuromuscular system & autonomic nervous system (ANS).
	-Recognize linked information from human physiology of neuromuscular system & autonomic nervous system (ANS) and determine its impact on physical therapy practice.
	- Recognize fundamental concepts and definitions of human physiology vascular and respiratory systems that can be applied to practice.
	-Understand the changes that result from physical therapy including physiological changes in vascular and respiratory systems.
	-Understand physiology emphasizing the dynamic relationships of human structures and function.
Student's obligation	1- All student should be prepared in all times of hours in the classroom 2- All days, we had a quiz about the before subject in the classroom. 3- Having a seminar. Student must have attended to all required core course during

Required Learning Materials	academic year. They should take all quizzes and complete both main exams, assignment of weekly homework. Practically, a weekly experiment must be conducted, result and question must be discussed in groups, and submit a weekly report about their trail.  Speaker, laptop, net, data show, Text Book, White board.		
Assessment scheme	16% Mid Term (Theory and practical) 4% Quiz 40% Assignment (report, paper, homework, seminar) 25% final practical 15% final theory		
Specific learning outcome:	1-Apply the physiological principles in evaluation of musculoskeletal and neuromuscular disorders. 2-Apply understanding of human physiology of neuromuscular system &autonomic nervous system (ANS) demonstration of evidence based practice. 3-Apply the physiological principles in evaluation of vascular and respiratory systems disorders. 4-Apply understanding of human physiology of vascular and respiratory systems on demonstration of evidence based practice. 5-Apply the relevant physiological principles in evaluation of different clinical cases. 6-Apply understanding of principles of physiology on demonstration of evidence based practice.		
	1-Concise physiology – Chaudhari.		
Course References:	2-Understanding physiology — Bijlani.  3-Text-book of physiology — Guyton.  4-T.B of Physiology — volA.K.Jain.		
Course topics (Theory)		Week	Learning Outcome

Introduction to human physiology	1	
General Physiology	2	
Transport across cell membrane	3	
Blood Introduction, composition, functions. plasma, composition, functions	4	
Blood groups, Hemoglobin, Hemostasis.	5	
Cardiovascular system, cardiac cycle.	6	
Heart rate and its regulation, blood pressure. Shock – definition, classification, causes	7	
Respiratory system, mechanics of respiration, lung volumes and capacities.	8	
Factors affecting respiration, regulation of respiration – neural regulation.	9	
Muscle physiology, classification, structures, Motor unit.	10	
Nerve physiology,	11	
Sense organ &Skin	12	
Digestion system	13	
Reproductive system	14	
Endocrinology	15	
Practical Topics	Week	Learning Outcome
The Microscope, Type & Uses.	1	
Finger puncture, blood film and staining of blood film.	2	

Blood grouping (ABO &Rh system) Estimate of Haemoglobin.	3
RBC and WBC count.	4
Differential diagnosis of white blood cells.	5
Bleeding & clotting time.	6
Packed cell volume PVC, Erythrocyte sedimentation rate ESR.	7
Examination of pulse, heart sounds.	8
Blood pressure measurement	9
Electrocardiography ECG	10
Respiratory rate, breath sounds.	11
Pulmonary function tests.	12
Lung volumes measurement and Spirometer device.	13
Muscle twitch, effect of load on muscle twitch	14
Sensory system	15

Questions Example Design

Type of question

- 1-multiple choice
- 2-short answer
- 3-matching pairs
- 4-Definition
- 5- Do as require
- 6- Explanations
- 7- True and False question

## Extra notes:

Seeing and listening the film video and ask the pupil about the subjects.

## **External Evaluator**

Seeing and listening the film video and ask the student about the subjects.

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