

Course Book

Course Description	This course is designed to help students to define and conceptualize individual, family and community health. It provides an overview for different nursing roles in the community. This course increase student understands of health promotion, maintenance and disease prevention.				
Course objectives	At the end of this course students will be able to: 1. Define community health nursing. 2. Describe the philosophy, characteristics, principles and objectives of community health nursing. 3. Perform the role and functions of community health nurse. 4. Apply nursing process while caring for individuals, and families. 5. Deliver community health nursing care in specialized setting, such as primary health care centers and schools. 6. Manage selected community health problems.				
Student's obligation	Students role and obligations for the duration of academic year includes: – Class attendance – Daily assessment – Completion of exams – Reports and preparing seminars related to subject topics				
Required Learning Materials	During academic course lecturer try to use available technological resources and facilities which help excellent feedback as data show, white board, posters, handouts.				
Evaluation	Task	Weight (Marks)	Due Week	Relevant Learning Outcome	
	Paper Review				
	Assignments	Homework	14%		
		Class Activity	2%		
		Report	24%		
		Seminar			
		Essay			
		Project			
	Quiz	4%			
	Lab.				
	Midterm Exam	% 16			
	Final Exam	% 40			
Total	% 100				

<p>Specific learning outcome:</p>	<ol style="list-style-type: none"> 1. Integrate professional behaviours that promote safe and effective healthcare delivery in a variety of community-based settings. 2. Utilize information in planning and implementing nursing care for various population groups in community. 3. Apply critical thinking to analyse data in the implementation and promotion of positive health-related behaviours in community. 4. Analyse the role of professional nurse as a member of a collaborative interdisciplinary community-based health-care team. 5. Utilize the community and public health interventions in the planning and implementation of nursing care and the promotion of positive health-related behaviours for culturally diverse clients in a variety of community based settings. 6. Apply teaching and learning principles in the development, implementation, and dissemination of health promotion and disease prevention information. 7. Explain the relationship between the environment and human health and disease. 8. Analyse the relationship between primary health care, health promotion, and disease prevention. 9. Apply primary, secondary, and tertiary prevention strategies to family and community-focused health problems. 	
<p>Course References:</p>	<ol style="list-style-type: none"> 1. Student's community health nursing manual prepared by lecturer 2. Cherie Rector (2018). Community and public health nursing. 3. Allender, et al (2010). Community health nursing 7th ed. Wolters Kluwer 4. Nies & McEwen (2019). Community/Public Health Nursing 7th ed. 	
<p>Course topics (Theory)</p>	<p>Week</p>	<p>Learning Outcome</p>
<p>1. Introduction to community health nursing</p>	<p>1</p>	
<p>2. Definition of related terms (health, community, community health)</p>	<p>1</p>	
<p>3. Type of community, community health & factors affecting community health</p>	<p>1</p>	
<p>4. Community health nursing and characteristics of CHN</p>	<p>2</p>	
<p>5. Roles and responsibilities of community health nurse</p>	<p>2</p>	
<p>6. Components of Community Health services and programs</p>	<p>3</p>	
<p>7. Health Care Delivery System and Primary health care</p>	<p>4</p>	

8. Maternal health care and role of the community health nurse	5	
9. Child health care and role of the community health nurse	6	
10. Environmental health, (global environmental concerns) CHN role	7	
11. School health services and role of the community health nurse	8	
12. Occupation health services and role of community health nurse	9	
13. Home visit and role of community health nurse	10	
14. Communicable diseases services	11	
15. Non-communicable diseases services	11	
16. Epidemiology in community health care	12	
Practical Topics	Week	Learning Outcome
1. Disease transmission & methods of communicable disease control	1	
2. Standard Infection Control Precautions (SICP)	2	
3. Health care & health services during pregnancy (Antenatal care)	3	
4. Managing minor disorders of pregnancy	4	
5. Child Growth and Development	5	
6. Child weight/ Length/ Height assessment	6	
7. Child head and chest Circumference measurement	7	
8. Growth charts	8	
9. Immunization and child vaccine schedule	9	
10. Immunization among women (15-45) years	10	
11. Clinical training & field trips in community health related areas: <ul style="list-style-type: none"> – Maternal and child health centers – School health – Home visits – Slaughterhouse of meats – Water sanitation project 	11 & 12	

Questions Example Design

Type of questions	Example
Definition	Define community health nursing?
Compositional	1. Enumerate Characteristics of Community health nursing? 2. Explain methods of communicable disease control?
Multiple choice	Group of people with common interest, needs, resources, environment and common characteristics called: A. Community B. Public Health C. Geography D. Community Health Nursing Genetic counselling and Immunization are examples of: A. Health promotion B. Primary prevention C. Secondary prevention D. Tertiary prevention
Short answer	Count 4 items from the goals of Antenatal care?

Extra notes:

External Evaluator