

## Module (Course Syllabus) Catalogue 2023-2024

College/ Institute	Erbil Technical Health College	
Department	Physiotherapy	
Module Name	Management and Leadership Skills	
Module Code	MAL804	
Degree	Technical Diploma <input type="checkbox"/>	Bachelor <input checked="" type="checkbox"/>
	High Diploma <input type="checkbox"/>	Master <input type="checkbox"/> PhD <input type="checkbox"/>
Semester	8 <sup>th</sup>	
Qualification	Master degree in Educational psychology PhD in Curriculum and Education	
Scientific Title	Lecturer	
ECTS (Credits)	4	
Module type	Prerequisite	Core <input type="checkbox"/> Assist. <input checked="" type="checkbox"/>
Weekly hours	2 hr	
Weekly hours (Theory)	( 2 )hr Class	( )Total hrs Workload
Number of Weeks		
1 <sup>st</sup> Lecturer	Dr. Zhwan Dalshad Abdullah	
E-Mail & Mobile NO.	zhwan.dlshad@epu.edu.iq	
2 <sup>nd</sup> Lecturer	Ghariba Hasan Ali	
E-Mail & Mobile NO.	Ghariba.ali@epu.edu.iq	
Websites		

# Course Book

<p><b>Course Description</b></p>	<p>The goal of this course is for students to acquire a basic knowledge of human group and societal interaction, crisis and motivation, knowledge of the scientific foundation of clinical leadership and management within healthcare occupational role, knowledge of physiotherapeutic assessment and interaction. Communication in health care providing and rehabilitation, counselling, and the ability in applying knowledge of the course to everyday life and related disciplines, especially in communication with patients.</p>				
<p><b>Course objectives</b></p>	<p>The main objective of the Management and Leadership Skills course would be that students will be able to:</p> <ol style="list-style-type: none"> <li>1. Explain basic Principles of leadership and management.</li> <li>2. Plan for learning situations that occur in physiotherapeutic activities at an individual and group level and be able to reflect on them from ethical, educational and communication theoretical perspectives.</li> <li>3. Enhanced leadership skills and confidence</li> <li>4. Awareness of different ways of addressing critical healthcare challenges</li> <li>5. Knowledge and frameworks to make better strategic decisions.</li> </ol>				
<p><b>Student's obligation</b></p>	<ul style="list-style-type: none"> <li>• Reading and understanding of study notes</li> <li>• Participation in forum and discussions</li> <li>• Seminar presentations and Role plays</li> <li>• Participation in active communication with their colleagues and lecturers</li> <li>• Regular assignment submission</li> </ul>				
<p><b>Required Learning Materials</b></p>	<p>Lectures notes, videos, audios, homework exercises, live consultation and problem-solving, self-study, Hall, projector.</p>				
<p><b>Evaluation</b></p>	<p><b>Task</b></p>	<p><b>Weight (Marks)</b></p>	<p><b>Due Week</b></p>	<p><b>Relevant Learning Outcome</b></p>	
	<p>Paper Review</p>				
	<p><b>Assignments</b></p>	<p>Homework</p>	<p>%10</p>	<p>3<sup>rd</sup> &amp; 7<sup>th</sup></p>	<p>3 &amp; 5</p>
		<p>Class Activity</p>	<p>%10</p>	<p>All</p>	<p>All</p>
		<p>Report</p>	<p>%10</p>	<p>5<sup>th</sup></p>	<p>3</p>
		<p>Seminars</p>	<p>%20</p>	<p>9<sup>nd</sup></p>	<p>7</p>
<p>Essay</p>	<p>%10</p>	<p>11<sup>th</sup></p>	<p>4</p>		

<b>Specific learning outcome:</b>	Quiz			
	Midterm Exam			
	Final Exam		%40	
	Total		%100	
	<p>1-Ability to develop general knowledge in Behavioural Science in Physiotherapy and understand the subjects of the module.</p> <p>2- Ability to understand the role of Biopsychosocial in in providing healthcare</p> <p>3- Ability to understand the Motivational Interviewing (MI) as an evidence-based intervention that helps to support health behaviour change.</p> <p>4- Ability to understand and commit to ethics codes of Physiotherapy</p> <p>5- Ability to improve their communication skills</p> <p>6. Ability to apply knowledge in practice.</p>			
<b>Course References:</b>	<ul style="list-style-type: none"> <li>• <b>Main textbook - Study notes</b></li> <li>• <b>Physiotherapist education framework</b>  <a href="https://world.physio/sites/default/files/2021-07/Physiotherapist-education-framework-FINAL.pdf">https://world.physio/sites/default/files/2021-07/Physiotherapist-education-framework-FINAL.pdf</a></li> <li>• <a href="https://bmcomeduc.biomedcentral.com/articles/10.1186/s12909-020-02287-y">https://bmcomeduc.biomedcentral.com/articles/10.1186/s12909-020-02287-y</a></li> <li>• <a href="https://ccalac.org/wordpress/wp-content/uploads/Strategic-Planning-for-Values-Based-Care-using-Design-Thinking.pdf">https://ccalac.org/wordpress/wp-content/uploads/Strategic-Planning-for-Values-Based-Care-using-Design-Thinking.pdf</a></li> <li>•</li> <li>• <b>Role-play videos:</b>  <a href="https://www.youtube.com/watch?v=QnmGmI3KyIA">https://www.youtube.com/watch?v=QnmGmI3KyIA</a></li> <li>• Telehealth patient education physiotherapy services role play:  <a href="https://www.youtube.com/results?search_query=telehealth+patient+education+physiotherapy+services+role+play">https://www.youtube.com/results?search_query=telehealth+patient+education+physiotherapy+services+role+play</a></li> <li>• <b>Team Based Care</b> <a href="https://www.perfectserve.com/blog/team-based-care/">https://www.perfectserve.com/blog/team-based-care/</a></li> <li>• Motivational Interviewing <a href="https://www.physio-pedia.com/Motivational_Interviewing">https://www.physio-pedia.com/Motivational_Interviewing</a></li> </ul> <p><b>Additional Materials</b></p> <ul style="list-style-type: none"> <li>• Ineffective physician <a href="https://youtu.be/80XyNE89eCs">https://youtu.be/80XyNE89eCs</a></li> <li>• Effective physician <a href="https://youtu.be/URiKA7CKtfc">https://youtu.be/URiKA7CKtfc</a></li> </ul>			

	<ul style="list-style-type: none"> <li>• Introduction to motivational interviewing <a href="https://youtu.be/s3MCJZ7OGRk">https://youtu.be/s3MCJZ7OGRk</a></li> <li>• Example of a poor interview <a href="https://youtu.be/VlvanBFkvI">https://youtu.be/ VlvanBFkvI</a></li> <li>• Example of a good interview. <a href="https://youtu.be/67I6g1I7Zao">https://youtu.be/67I6g1I7Zao</a></li> <li>• Motivational interviewing (engaging) <a href="https://youtu.be/bTRRNWrwRCo">https://youtu.be/bTRRNWrwRCo</a></li> <li>•</li> </ul>	
Course topics (Theory)	Week	Learning Outcome
<p><b>Introduction to Management and Leadership Skills</b></p> <ul style="list-style-type: none"> <li>- The three P's (Principles of Leadership)</li> </ul> <p><b>Class Activities</b></p> <p><b>First Activity:</b> Drawing a good leader and skilful manager in students' perspectives.</p> <p><b>Second Activity:</b> Recognizing who is the leader of the group leader</p> <p><b>Homework:</b> Write a Report about the lesson you learned from these activities and how are you going to apply this lesson in your personal and professional life?</p>	1 <sup>st</sup>	1 & 2
<p><b>Leadership Theories</b></p> <ul style="list-style-type: none"> <li>- Authentic Leadership Development (ALD)</li> <li>- Transformational Leadership</li> <li>- Charismatic Leadership</li> <li>- Servant Leadership</li> <li>- Spiritual Leadership</li> </ul> <p><b>Class Activities</b></p> <p><b>First Activity:</b> Dragging the A4 paper towards yourself agents your peers.</p> <p><b>Second Activity:</b> Practicing the 2 minutes not listing.</p> <p><b>Homework:</b> Write a Report about the lesson you learned from these activities and how are you going to apply this lesson in your personal and professional life?</p>	2 <sup>nd</sup>	1,2,3&4
<b>Self-efficacy</b>	3 <sup>rd</sup>	1, 2& 3

<b>Video playing, discussion and Group activities Emotion: Definition, differentiate from feelings, physiological changes of emotion.</b> <b>Group activities</b>		
<b>Empathy</b> <b>Video playing, discussion and Group activities</b>	4 <sup>th</sup>	2,3&4
<b>Team Based Care</b> <b>Group activities</b>	5 <sup>th</sup>	4 & 5
<b>Ineffective physician VS. Effective physician</b> <b>Video playing and discussion</b>	6 <sup>th</sup>	3&4
<b>Midterm Exam</b>		
<b>Problem solving skills</b> <b>Group activities</b>	7 <sup>th</sup>	2&3
<b>Motivational Interviewing (MI) and other aspects of a cognitive attitude in physiotherapeutic intervention directed towards behavioural change</b> <b>Video playing and discussion</b>	8 <sup>th</sup>	2, 3&4
<b>Poor interview VS Good interview</b> <b>Video playing, discussion and Group activities</b>	9 <sup>th</sup>	3&4
<b>• Educational applications towards intervention (Process-based behavioral physiotherapy)</b> <b>Video playing, discussion and Group activities</b>	10 <sup>th</sup>	1,6
<b>L07: Communication in health care providing</b> <b>Video playing, discussion and Group activities</b>	11 <sup>th</sup>	1,2,3,4,5&6
<b>Final Exam</b>		
<b>Role play using Communication techniques</b>	12 <sup>th</sup>	1,-6
<b>Seminar presentation</b>	13 <sup>th</sup>	1,-6

**Questions Example Design**  
Q.1)

**Extra Note**

**External evaluator**