



Module (Course Syllabus) Catalogue

2023-2024

College/ Institute	Soran Technical college	
Department	NURSING	
Module Name	PSYCHIATRY	
Module Code	PSM 402	
Degree	Technical Diploma <input type="checkbox"/> Bachelor <input type="checkbox"/> High Diploma <input type="checkbox"/> Master <input type="checkbox"/> PhD <input type="checkbox"/>	
Semester	FOURTH	
Credits	6	
Module type	Prerequisite <input type="checkbox"/> Core <input type="checkbox"/> Assist. <input checked="" type="checkbox"/>	
Weekly hours	4	
Number of weeks	12	
Weekly hours (Theory)	(2)hrs Class	(162) Total hrs Workload
Weekly hours (Practical)	(2)hrs Class	
Lecturer (Theory)	Aram Satar Adil	
E-Mail & Mobile NO.	aram.adil@epu.edu.iq / 07504670508	
Lecturer (Practical)	Aram Satar Adil	
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Course Book

Course Description	<p>Knowledge of psychiatry is very precious for everybody in the society specially if he or she would be a nurse because the nurse is an important member in society and at the same time the nurse has contact with patient more than any other members in health institutes and must understand the feeling, thinking and behavior of the patients to provide best types of care. We should focus on the fundamental concept of the course through explaining first the normal thinking and behavior to the student then how mental illnesses developed.</p> <p>The principles and theories of the course include promotion of mental health, prevention of mental illnesses, self-determination, qualified decision maker and mental health assessment.</p> <p>The theories include all the aspects of mental illnesses development through understanding the biological, social and psychological factors.</p> <ul style="list-style-type: none"> ▪ A sound knowledge of the major areas of the subject <ul style="list-style-type: none"> Some possibilities include mental health assessments, psychosomatic medicine, child psychiatry..... ▪ Sufficient knowledge and understanding to secure employment <ul style="list-style-type: none"> Sufficient knowledge and understanding are very essential and important for the nurses to provide an effective and a complete care and management to the patients.
Course objectives	<p>Course objective is that the nurse should be educated about psychiatry and to have a lot of information and how to deal with psychiatric patient and how to educate their relatives and to have a high level of management skills to secure best outcome and to know the different ways of the prevention of mental illnesses. The student also should be able to identify the different types of patient thinking and behaviour.</p> <p>At the end of the course the student should be able to</p> <ol style="list-style-type: none"> 1. What is psychiatry 2. Causes of psychiatric illnesses 3. Signs and symptoms of psychiatric illnesses 4. Different types of psychiatric illnesses 5. Classification of psychiatric patients 6. Managements plans of psychiatric illnesses 7. Prevention of psychiatric illness

Student's obligation	The students need to be in a class room or clinical area on time (punctual). Also the students should be preparing all requirements and assignments and do the exams. The students must be respecting their teacher, colleagues and clients.
Learning Methods & Materials	Theory: lecture halls with computers equipment for lecture presentations, white board, and data show. Clinical practice: equipment available in various clinical settings General: library, computer suite with internet access
Assessment scheme	27% Assignment (report 10%, seminar 10%, homework 5%, and Class activity 2%) 8% Quiz 25% Mid Term (Theory 10% and practical 15%) 20% Final practical 20% Final theory
Student learning outcome.	By the end of the course, the students are being able to: 1. Ability to develop general knowledge 2. Knowledge and understanding of the subject area and understanding of the profession 3. Ability to identify, differentiate, pose and resolve problem 4. Demonstrate the ability to think critically and solve problems in a laboratory setting 5. Ability to apply knowledge in practice 6. Ability to search for process and analyse information from a variety of sources 7. Ability to act as ethical and responsible members of the health care team. 8. Ability to make reasoned decision.
Course References.	<ul style="list-style-type: none"> ▪ Key references: <ol style="list-style-type: none"> 1. Review of psychiatry first edition 2016. 2. NMS PSYCHIATRY 6TH edition 2012. 3. KAPLAN TEXTBOOK 7TH edition 2000. 4. PSYCHIATRY OXFORD 2nd edition 2000 ▪ Useful references: <ol style="list-style-type: none"> 1. General psychiatry by JACINTHA C., BCPS 2011. 2. PSYCHIATRY BY ANETA K. 2008 ▪ Magazines and review (internet):

1. Medscape references.
2. Google scholar

Workload and Grading

Workload

Student workload/week	Hours	Student workload/Semester	Hours
Theoretical lecture	2	Total workload hours/12 weeks	156
Lecture preparations	2	Project	0
Practical lecture	2	Workshop	0
Review and quizzes	2	Award	0
Seminar	2	Preparations for Midterm exam	2
Report	1	Preparations for final exam	4
Presence	2		0
Social activity	0		0
other activities	0		0
Total hours/week	13	Total workload hours/Semester	162
Total hours/12 weeks	156	Credit (ECTS)	6

Grading

Workload	Grading/100
Theoretical lecture	0
Lecture preparations	0
Practical lecture	0
Review and quizzes	8
Seminar and report	10
Lab report	10
Presence	2
Homework	5
Preparations for Midterm exam	25
Preparations for final exam	40
Semester Grades	60

Final Exam	40
Overall Grades	100

TOPICS OF PSYCHIATRY (THEORY 2HR/WEEK)(PRACTICAL 2HR/WEEK)

1. Concept of mental health and mental disorders
2. Signs and symptoms of psychiatric disorders
3. Mood disorders
4. Psychiatry of elderly
5. Anxiety disorders
6. Schizophrenia

7. Substance abuse

8. Psychopharmacology

9. Personality disorders

10. Somatoform disorders

11. Eating disorders

12. Child psychiatry

Coursework and exams

✓ Types of the exam. Exams will be mixture of the following styles:

1. Define
2. Multiple choice
3. True or false
4. Differences and enumerations
5. Short essay or reasons

✓ Exam's duration based on the question for example (1.5 hr.)

✓ The number of the questions (5 Questions)

✓ 3 Marks for each Question

Rules and instructions to be followed by students for exams

During Answering: the student should:

1. Understand the questions
 - To read the questions twice
 - Think carefully before answering
2. Answer the questions asked during the assigned exam time.
3. Answer should be precise.
4. Plan the answer on a separate paper

Questions Example Design

1. Compositional. In this type of exam the questions usually starts with Enumerate, Explain how, What are the reasons for...? Why...?

With their typical answers

Examples should be provided

1. what are the nursing management plans of schizophrenia
2. Define the following

Delusion, neologism, personality, hallucination

3. Enumerate causes of mood disorders

2. True or false type of exams:

In this type of exam a short sentence about a specific subject will be provided, and then students will comment on the trueness or falseness of this particular sentence. Examples should be provided

1. Autism is four times more common in girls than in boys.
2. Dysthymia refer to hypomania that shifts back and forth with mild depression for at least two years.
3. Sertraline is a tricyclic antidepressant.

3. Multiple choices:

In this type of exam there will be a number of phrases next or below a statement, students will match the correct phrase. Examples should be provided.

1. All of these are features of mania except
 - a. Pressured speech.
 - b. Flight of idea.
 - c. Excessive spending.
 - d. Low self-esteem.

2. All of these are differential diagnosis of autism except
 - a. Child schizophrenia.
 - b. Hearing deficit.
 - c. Dementia.
 - d. Mental retardation

3. Which of the following is the most common type of hallucination?
 - a. Auditory
 - b. Tactile
 - c. Gustatory
 - d. Olfactory

Extra notes:

I want to be supportive to everyone. This "Course syllabus" will help you understand how Soran Technical College/Midwifery Department environment works, what to do first, and who to contact if you need help. I appreciate the participation and sharing from all students related to classroom activities for the first time. Whenever you have some questions or concerns about microbiology and the course syllabus, ask any questions you may have about your concern. Sometimes a quick question at time can save a lot of frustration later! Our discussion goal in the classroom is to be collaborative, not combative. This is important to your success in the course and as a professional. Experience shows that even an innocent

remark in the class environment can be easily misconstrued. Please re-think your responses carefully before you react with others in order not to be concenter as personal attacks. Be positive to others and diplomatic with your words. I will try my best to do the same. Be careful when using sarcasm and humour. Without face-to-face communications your joke may be viewed as criticism. Remember you are not competing with each other for grades, but sharing information and learning from one another.

The Soran Technical College/Midwifery Department, expects that all students exhibit professional behaviour.

Peer review

I certify that:

- 1- I read and verify all requirements of teaching quality assurance are respected in this course syllabus.
- 2- The scientific contents are new, convenient and well organized for this stage.
- 3- The order of chapters is well done.
- 4- References are new and available for students.

That's why I signed on this course book. And I take all responsibilities.

Name: Dr.

Scientific title: Lecturer

University: Erbil Polytechnic University

College: Soran Technical college

Department:

E-mail:

Mobile:

Date:

Signature: